



LONGEVITY: LIVING LONGER, LIVING BETTER

A holistic approach to healthy ageing

Tuesday 4 November 2025
from 7.15pm arrival for a 7.30pm start
at a North London venue

Tickets: £25 per person

To book: [wizouk.org/events](https://www.wizouk.org/events)

Book early as places are limited

For further details please contact

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