



My name is Jo Poole; I was a Metropolitan Police Officer for 25 years. Like all officers I worked on response teams for several years, my 'patch' was the West End around Soho and Mayfair. Then as a community officer in Soho which I loved.

We welcome back
Jo Poole

In this talk we look at
**HOW TO BE SAFE,
THE LAW & HOW TO GET
OUT OF TROUBLE**

Everything you need to know when walking or being in a public environment. The talk is also about sharing one's feelings as well.

Monday 6 July 2026 at 8.15pm
at an **Edgware** location

Tickets: **£10 per person**

To book your place, please transfer your payment to:
Phoebe Welcome Leon, Acc. No: 32195229,
Sort Code: 23-05-80, Ref: Jo Poole

After making the payment, please contact
Diana - dianapollins@talktalk.net
for booking confirmation and address.

Due to the current situation, we will only admit you if you have sent your name and paid.

Proceeds fund WIZO UK's Emergency Appeal created in the wake of October 7th to bring therapeutic support to a nation still healing. The trauma is ongoing. So is our commitment to being there.